



# CONTACT

Montebello Teachers Association/California Teachers Association • 918 W. Whittier Blvd. Montebello CA • (323) 722-5005

**Archived Issues Available at [MontebelloTeachers.org](http://MontebelloTeachers.org)**



## *We Honor Lisa*

Congratulations to Lisa Quemada who has received the Montebello Teachers Association WHO (We Honor Ours) Award. Lisa is a member of the LCAP Advisory Committee and the Bargaining Team. She is also a representative for the California Teachers Association (CTA) State Council of Education.



## If Retirement Is Your Future, Keep Reading

- ◆ You are eligible to receive your State Teachers Retirement System (STRS) the day after you retire. If you retire June 12, you begin earning STRS the next weekday, June 15.
- ◆ You must submit your paperwork to STRS at least 45 days prior to your retirement date to receive your first regular payment in a timely fashion. If you wait to submit the paperwork you earn the same amount, but the payment may be late.
- ◆ It's all electronic! You will receive a direct deposit to the financial institution of your choice.
- ◆ Your CalPERS medical insurance will be deducted from your STRS pension direct deposit.
- ◆ If you have 15 years of service to the District you can retire from the District and receive medical insurance through CalPERS.
- ◆ If you are under age 67 when you retire, the District will reimburse up to \$1396.21 per month (in 2020).
- ◆ If you are 65 or older, you must apply for Medicare Parts A & B through Social Security.
- ◆ If you are 67 or older when you retire, the MTA Retiree Supplemental Health Plan (The Trust) will reimburse you up to \$500 per month (in 2020) if you meet eligibility requirements.
- ◆ Retirement is a "qualifying event" so you can change your insurance options even though it is not Open Enrollment.



# **In These Uncertain Times**

*We all feel stressed...*

***EASE***

**1-800-882-1341**

Your District Benefits include EASE services at no cost to the employee.

EASE provides face-to-face counseling, phone consultations and community referrals. Immediate family members are included.

**EASE Counselor Specializations Include:**



- ♦ family troubles
- ♦ emotional distress
- ♦ drug/alcohol problems
- ♦ job anxieties and stress
- ♦ grief, loss, transitions