



CONTACT

Montebello Teachers Association/California Teachers Association • 918 W. Whittier Blvd. Montebello CA • (323) 722-5005

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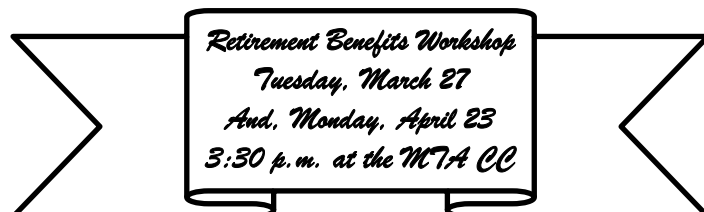
Are You Thinking about your Retirement?

Here's some information that may be helpful...

- ♦ You are eligible to receive your State Teachers Retirement System (STRS) the day after you retire. If you retire June 14, you begin earning STRS June 15.

You must resign from the District and go through the Board of Education to be officially retired. The last BOE meeting prior to the end of the school year is Thursday, June 7. You can resign (retire) effective in June any month prior to the effective date in order to secure BOE approval.

- ♦ You must submit your paperwork to STRS at least 45 days prior to your retirement date to receive your first regular payment in a timely fashion. If you wait to submit the paperwork you earn the same amount, but the payment may be late.
- ♦ It's all electronic! You will receive a direct deposit to the financial institution of your choice.
- ♦ Your CalPERS medical insurance will be deducted from your STRS pension direct deposit.
 - ♦ If you have 15 years of service to the District you can retire from the District and receive medical insurance through CalPERS.
 - ♦ If you are under age 67 when you retire, the District will reimburse your Camino Federal Credit Union Account up to \$1271 per month (in 2018).
 - ♦ If you are 65 or older, you must apply for Medicare Parts A & B through Social Security.
 - ♦ If you are 67 or older when you retire, the MTA Retiree Supplemental Health Plan (The Trust) will reimburse your Camino Federal Credit Union account up to \$500 per month (in 2018) if you meet eligibility requirements.
 - ♦ Retirement is a "qualifying event" so you can change your insurance options even though it is not Open Enrollment.



Elizabeth Kocharian Is Our CTA SESCC WHO Honoree

High School Director Elizabeth Kocharian (BGH) has been named the CTA South Eastern Service Center Council We Honor Ours (WHO) honoree. Elizabeth chairs the MTA Organizing Committee.

Elizabeth will be honored at a banquet the evening of **Wednesday, May 9** at the Double Tree in the City of Commerce.

Contact President Doug Patzkowski if you are interested in purchasing tickets for Elizabeth's special dinner:

DougPatzkowski@MontebelloTeachers.org





Montebello Unified School District

March Wellness Workshop

Featured Speaker:
Caroline Gutierrez
Caroline Gutierrez
is the Senior
Learning
Consultant within
the Center for
Healthy Living with
Kaiser Permanent
California.

Event Details:

Thursday
March 22nd, 2018

MTA

Conference Center
920 W Whittier Blvd.

4pm-5pm

RSVP at Eventbrite:
<https://www.eventbrite.com/e/building-healthy-habits-tickets-43625487006>



Building Healthy Habits!

How many times have you started a new diet that never lasts? Or began a new work out regimen that didn't workout? You are not alone! The great news is good health ***can*** be habit forming!

In this workshop, you will learn strategies to target one habit at a time and make healthy changes ***stick***. Come on out and attend this healthy habits workshop and get your year started off right.

Light snacks will be served.

For questions contact:

Aja Simpson
aja@jglynn.com
213-590-5738

**Prizes and
Giveaways will be
available!**

Presented in
partnership
with:

